



Mid Shropshire Wheelers



Open 25 Mile Time Trial

Sunday 14th April 2024

Round 3 of the SCCA Friction & Hydraulics Points Series

Promoted for and on behalf of Cycling Time Trials under its Rules & Regulations

Course: D25/20 Start Time: 08:00

Timekeepers: David Drew and Bernard Hutson-Lumb

Event secretary: Simon Evans, 44 Bromley Road, Shrewsbury SY3 5AZ

Tel: 01743 353671 email: ruralwales@gmail.com

Headquarters: Tilstock Village Hall, Tilstock, SY13 3JL, 2.5 miles S of Whitchurch.
Open from 07:00.

Competitor's Notes: Each competitor must sign in and out when collecting **AND WHEN RETURNING** their race numbers at the HQ. Failure to sign out will result in a DNF being recorded and no finish time given. Numbers should be pinned to the lower back area and be clearly visible to ensure that your finish time is recorded.

There is limited parking space at the HQ. **Do not park along the road in Tilstock** as this has resulted in complaints from residents. There is lots of space at the car park beside Prees Heath truckstop (post code SY13 3JT), just 0.9 miles from HQ and en route to the start.

Distance from HQ to start is 3.8 miles so allow adequate time – see the map below. Please avoid warming up on the course once the event has started.

CTT Regulations 14(j), 14(k), 15: Compulsory Lights & Helmets

No competitor will be allowed to start without a working white front light and red rear light, either flashing or constant, and fitted to their machine in a position clearly visible to other road users. All competitors must wear a properly affixed helmet which must be of hard/soft shell construction and conform to a recognised Standard. **No lights or no helmet = no ride. This is non-negotiable.**

CTT Regulations updated for 2024

The Road Bike class and clothing regulations have been altered slightly for this season. Please ensure that all equipment including clothing is compliant. A summary has been uploaded to the event page, see the **Newsletters** section at <https://www.cyclingtimetrials.org.uk/> for more detailed information.

Liverpool District Local Regulation: Riders must not make 'U' turns within sight of the start and finish. Any rider observed making a 'U' turn in contravention of this regulation may be disqualified from the event. Any rider who makes repeated 'U' turns will be subject to disciplinary action.

Competitors must not use any audio equipment except prescribed hearing aids. A competitor in breach of this regulation will be disqualified. Competitors must not use a mobile phone while mounted on their machine.

D25/20 COURSE DESCRIPTION

Start on A49, 5.5 miles south of Whitchurch, Shropshire, at the southern end of the bridge on Prees Bypass.

Proceed south along the A49 to turn at Battlefield Church Island (first island) - 11.3 miles. Encircle Island with care and retrace along the A49, past the start, to

Finish approx 400 yards short of Prees Island, at telegraph pole 50 yards past Shamrock Lodge and 12 yards before the "Slippery Road Surface" sign.

Course Record: Dan Bigham - 0:46:34

What3words

HQ: [fans.name.handlebar](#)
Start: [fortunate.belief.recording](#)
Finish: [lunch.eagle.masterful](#)

AWARDS

The fastest rider to hold the Arthur Bishop Memorial Cup for one year

	Open	Women	Vet + on Std	Road Bike	2-up TTT
1 st	£30	£30	£30	£30	£30
2 nd	£20	£20	£20		(£15 each)

The 'one prize per rider' rule applies.

Map of route from HQ to Start

